



**MoveMiles**

CONSTRUCTION & RENOVATION

2026 EDITION

SERVICE CATALOGUE

# The logistics partner behind your build.

Material delivery, post-construction cleanouts, junk removal, packing, client move-ins, and extra labour — one trusted team making project handovers smooth for your crew and your clients.

**400 km**

Service radius

**Same-day**

Dispatch available

**Insured**

WSIB covered

CONTACT

[www.movemiles.com](http://www.movemiles.com)  
[hello@movemiles.com](mailto:hello@movemiles.com)

SERVICE AREA

Ontario, Canada  
Within 400 km of Toronto

WHY CONSTRUCTION TEAMS CHOOSE US

# Built for the pace & precision of project work.

MoveMiles is the go-to logistics & site-support team for general contractors, renovation firms, home builders, and interior designers across Ontario. We slot into your workflow — handling the material runs, cleanouts, labour, and final client move-ins so your crew stays focused on what they do best.



### Project-pace scheduling

Mornings, after-hours, weekends, or a same-day call. No 4-hour arrival windows.



### Transparent pricing

Flat or hourly quotes, sent in writing before the crew rolls. No surprise fees.



### Finish-safe crews

Trained, uniformed, equipped with floor runners, corner guards, and blankets.



### One call, every trade

Delivery, haul-away, labour, packing, storage — one account, one invoice.



### Fully insured & WSIB

Employee crews, not gig workers. Insurance certificates for your project file.



### Ontario-wide reach

GTA, Niagara, Ottawa, London, Windsor — everywhere within 400 km of Toronto.

WHO WE WORK WITH

- General Contractors
- Renovation Firms
- Home Builders
- Interior Designers
- Property Managers
- Flooring & Tile Pros
- Kitchen & Bath Installers
- Retail & Office Fit-Outs
- Real Estate Stagers

THE CATALOGUE · PART 1 OF 2

# Every service, built for job sites.



SAME-DAY ACROSS THE GTA

## Material & Supply Delivery

Flooring, drywall, tile, fixtures, appliances — we move site-critical materials between suppliers, warehouses, and your job site so your crew keeps building.

- ✓ Same-day dispatch within 150 km
- ✓ Cargo vans & cube trucks
- ✓ Multi-stop pickup / drop-off
- ✓ Proof-of-delivery photos

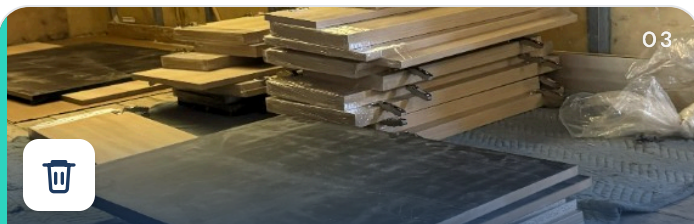


TURNOVER-READY HANDOFFS

## Post-Construction Cleanouts

Drywall dust, offcuts, packaging, leftover materials — cleared fast so your space is truly client-ready. We work to your punch-list timeline.

- ✓ Full site clear-down
- ✓ Dust-free final pass
- ✓ Recycling & responsible disposal
- ✓ Weekend & overnight crews

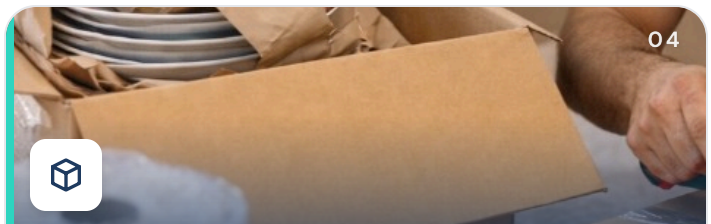


DEMO DAY, DONE

## Debris & Junk Removal

Renovation debris, old cabinetry, torn-out fixtures, appliances, flooring — hauled off in a single visit. No dumpster permits, no hassles.

- ✓ Demo debris & teardown haul-off
- ✓ Appliance & fixture removal
- ✓ No dumpster rental required
- ✓ Eco-friendly disposal partners



PROTECT THE FINISH


## Packing & Protective Wrap

Wrap, pad, and crate finished millwork, fragile décor, and high-value fixtures before they move. Floor and corner protection included.


- ✓ Furniture & millwork wrapping
- ✓ Custom crating on request
- ✓ Floor, wall & stair protection
- ✓ Fragile-only or full-home packing

THE CATALOGUE · PART 2 OF 2

# Mix and match. Book one or bundle the full handover.



05




**DELIVER THE WOW**


**Client Move-Ins & Final Delivery**

The last mile of the project — get your client into their finished home or office cleanly. Uniformed crews, on-brand handoff, no damage to your work.

- ✓ Uniformed, trained crews
- ✓ Finish-safe pad & floor runners
- ✓ Residential & commercial
- ✓ Weekend & after-hours



06




**CREW ON-DEMAND**


**Extra Labour Support**

Need an extra two or four hands for a heavy-lift day? Book uniformed movers by the hour — loading, staging, re-positioning, furniture assembly.

- ✓ Hourly crews (2–6 movers)
- ✓ Same or next-day dispatch
- ✓ Furniture assembly & staging
- ✓ Fully insured, WSIB covered



07




**SWING-SPACE, SOLVED**


**Temporary Storage & Staging**

Need to empty a unit before demo or hold furniture during a reno? Short-term storage with pickup and redelivery baked in.

- ✓ Short & long-term options
- ✓ Pickup + return delivery
- ✓ Climate-aware storage
- ✓ Inventory tracking



08



**OFFICES & RETAIL**

**Commercial Fit-Out Moves**

Moving an office or retail build-out? We handle workstation teardown, set-up, and freight so your fit-out is live on schedule.

- ✓ After-hours & weekend moves
- ✓ Workstation disassembly & setup
- ✓ Secure file handling
- ✓ Retail & showroom relocations

SERVICE AREA

# Ontario-wide, within 400 km of Toronto.

We dispatch crews across the GTA and out into western, eastern, Niagara, and northern Ontario. If your site is in the regions below, we can be there.



**DISPATCH HUB**  
**Toronto, Ontario**  
50+ cities served across Ontario

**400**km  
SERVICE RADIUS



### GREATER TORONTO AREA

Toronto · Mississauga · Brampton · Vaughan ·  
Markham · Richmond Hill · Oakville · Burlington ·  
Milton · Hamilton · Oshawa · Pickering · Ajax ·  
Whitby · Newmarket · Aurora ·



### ONTARIO — WEST

Kitchener · Waterloo · Cambridge · Guelph ·  
London · Brantford · Windsor · Sarnia · Chatham ·



### ONTARIO — EAST & NIAGARA

Niagara Falls · St. Catharines · Welland · Kingston ·  
Belleville · Cobourg · Peterborough · Brighton ·



### ONTARIO — NORTH

Barrie · Orillia · Collingwood · Wasaga Beach ·  
North Bay · Sudbury · Huntsville · Muskoka ·  
Orangeville · Alliston ·

*Site not listed? Ask — we regularly service projects across southern & central Ontario.*

HOW IT WORKS

# Four steps. Zero overhead on your PM.

01

### Tell us the project

Share site address, scope, and timing. Text, email, or phone.

02

### Get a flat quote

Written estimate back within the hour for most jobs.

03

### Crew on-site

Uniformed, equipped, on time. Check-in with your foreman.

04

### Clean handoff

Job photos, sign-off, and a single invoice.



ONGOING PROJECT PARTNER

## Multiple projects a year? Set up a partner account.

Volume pricing, priority dispatch, a dedicated account manager, and consolidated billing across all your job sites.

- ✓ Volume & repeat pricing
- ✓ Priority scheduling
- ✓ Dedicated account manager
- ✓ Consolidated monthly invoicing
- ✓ Site-specific purchase orders
- ✓ Insurance certificates on file

GET STARTED

## Your next project handoff, handled.

WEB  
[movemiles.com](https://movemiles.com)

EMAIL  
[hello@movemiles.com](mailto:hello@movemiles.com)

QUOTE  
[movemiles.com/contact](https://movemiles.com/contact)